

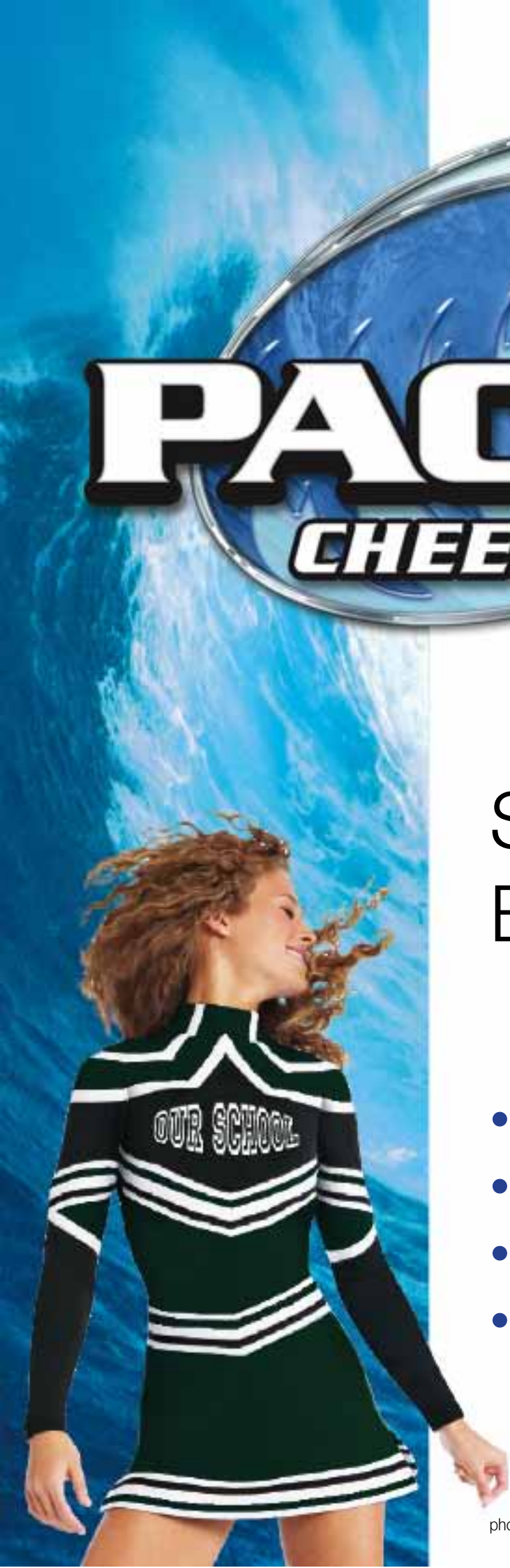
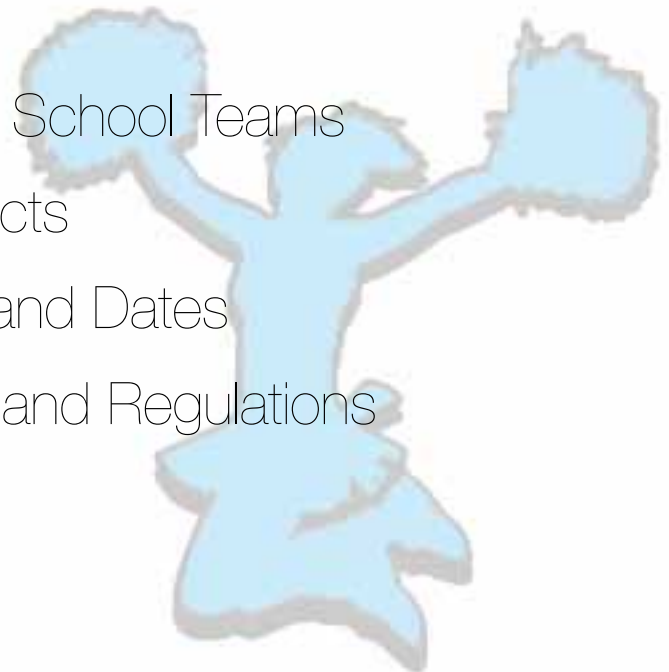


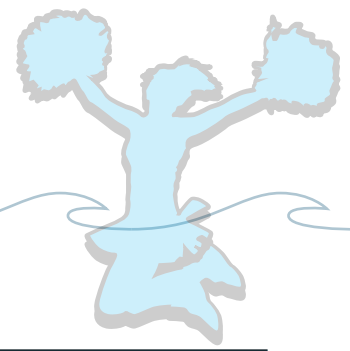
PACIFIC **CHEERLEADERS**

Limited

School Teams Enrollment Pack

- About School Teams
- Contacts
- Fees and Dates
- Rules and Regulations





ABOUT YOUR SCHOOL CHEERLEADING TEAM

What It Means To Be A School Cheerleader

School cheerleading is a combination of athleticism, entertainment and student leadership. Cheerleaders are self-motivated and have personal drive in all aspects of life. They work hard and achieve their goals. Cheerleaders have a positive attitude, are team players and are upstanding role models. A school cheerleading team supports the school, builds school unity and supports other athletic teams while developing their own athletic skills.

Mission

School cheerleading programmes are an athletic activity that encourages student athletes to strive for and achieve their goals and reach their potential as a cheerleader and as an individual. We work to teach our cheerleaders life skills such as teamwork, responsibility, goal setting, self confidence, trust in their self and others, and leadership. Our mission is to provide school administrators with a method for developing and maintaining a highly effective programme that is safe and rewarding for their cheerleaders, and will meet the goals and expectations of the school community.

Staff

Pacific Cheerleaders Limited offers their coaching staff to school cheerleading programmes to ensure cheerleaders are trained under a qualified and knowledgeable coach and that safety requirements have been fulfilled and upheld. All Pacific Cheerleaders Limited coaches working with school teams are trained under AACCA, which specializes in school cheerleading programmes and safety. Pacific coaches are also required to be first aid certified as well as sports injury certified, which means they will know how to assess injuries as well as how to deal with them.

Pacific Cheerleaders Limited staff work to share their love and passion for cheerleading with others. Anyone can teach someone the skills, but it takes someone with real enthusiasm to be an amazing coach and to pass on the excitement and pure enjoyment of cheerleading.

Pacific Cheerleaders Limited maintains an open and a professional relationship with all athletes, parents and school administrators. All of our staff and coaches are approachable and available to discuss any problems or concerns. We are here for you!

CONTACTS

Name	Position	E-Mail
Administration	General Administration	office@pacific-cheer.com
Martien van Kuijk	Marketing and Promotions	martien@pacific-cheer.com
Debee van Kuijk	Office Manager and Fees	debee@pacific-cheer.com
Selena Duncan	Head of Coaching	selena@pacific-cheer.com
Josh Duncan	Head Coach	josh@pacific-cheer.com
Ashleigh Constable	Coach	ashleigh@pacific-cheer.com
Eden Ward	Coach	eden@pacific-cheer.com



SCHOOL FEES

School Team Information & Fees

Team trainings run during school terms. Team sign-ups are in week 1 of Terms 1 and 3. School Teams train 2 hours once a week, and are required to attend all functions requested by the school. During Term 1 and 2 the team will attend at least one competition. During term 3 and 4 the team will again attend at least one competition.

Terms 1 & 2 \$160 (\$80/term)

Terms 3 & 4 \$160 (\$80/term)

Payments

Each term payment of \$80 is due by the 1st class of each term. These payments cover the cost of a terms worth of training.

These fees do not include the cost of a uniform, team camps or competition fees.

Discounts

A discount of 50% off school team fees will apply for any member that is on a School Team as well as a Pacific Cheerleaders team.

Late Fees

If payment has not been received by the 1st class of the term, participation is not allowed until payment has been made, unless prior authorization has been made.

IMPORTANT DATES & INFORMATION

Please mark your calendars!

Team Sign Ups: Week 1 of Terms 1 and 3

Team Training: Terms 1, 2, 3 and 4

Photos

Individual & Team: Week 1 of Terms 2 and 4

Time: During regularly scheduled practice times

Wear: Team Uniform

TENTATIVE COMPETITION DATES

Competitions are typically held during weekends and holidays. Therefore, school absences are limited. Each team will attend at least one competition. Competition dates will be given as soon as they are available.

All Star Cheer and Dance Nationals Competition

NZ Cheerfest Competition

World Cup Cheerleading Competition

All Star Spring Carnival Competition

Fantasy Cheerleading Competition

NZ Cheer and Dance International Competition

All Star Internationals Competition



RULES AND REGULATIONS

I hereby understand that each time "Pacific Cheerleaders" is mentioned throughout this contract it is meant to be all inclusive of Pacific Cheerleaders Limited, Pacific Cheer, its officers, shareholders, agents and employees.

General

1. Only registered athletes are allowed in the practice area.
2. Siblings, family members, friends, etc are not allowed in the practice area.
3. All spectators must remain in the designated area and keep the noise level down at all times.
4. Any person that disrupts a practice will be asked to leave the practice area immediately.
5. No food, drinks, or gum are permitted in the practice areas.
6. All rubbish must be disposed of in the appropriate rubbish bins.
7. Cell phones and pagers must be put on silent mode and left outside the practice area.
8. Pacific Cheerleaders is not responsible for any personal items lost or stolen.
9. Emails must be checked daily for any and all updates. There is no excuse for being uninformed or irresponsible when the information has been provided.
10. All required forms or information need to be completed and returned as soon as possible.
11. All choreography including cheers, dances, stunts transitions, tumbling, music selections, editing, etc should be highly protected and shall not be shown or discussed with others. NO VIDEOS of routines/choreography should be uploaded to any online site such as YOUTUBE!

Teams

School Coaches retain the right to:

1. Replace, add, suspend, or even dismiss an athlete for a period of time or indefinitely from a team or the entire programme based on criteria including but not limited to:
 - A) Attendance
 - B) Conduct
 - C) Skills
 - D) Finances
 - E) Parent conflicts
2. Decide the roles and/or positions an athlete will have/play on their team(s), e.g. base, flyer, back spot, tumbler, dancer, alternate, etc
3. Request that an athlete or team practice longer than their regularly scheduled time or add additional practices, camps, or competitions if deemed necessary.

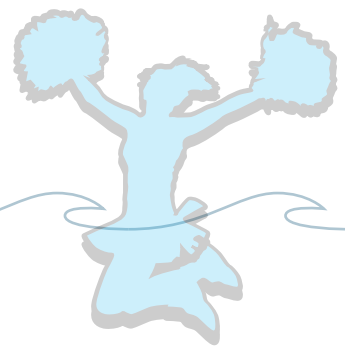
Athletes that elect to participate on a School Team and a Pacific Cheer team must:

1. Be in good financial standing.
2. Be willing and able to fulfill all the responsibilities required by each team.
3. Be responsible for any additional entry fees they incur beyond their first team.

Attendance/Injuries

All athletes must:

1. Arrive at least 15 minutes early to all team practices and activities.
2. Notify Pacific Cheer or your coach immediately when an injury occurs.
3. Notify Pacific Cheer or your coach in writing immediately of all expected tardiness or absences.
4. Notify Pacific Cheer or coach by telephone immediately of any unexpected tardiness or absences.



Dress Code

All athletes must:

1. Maintain a well-groomed appearance and good personal hygiene at all times.
2. No loose clothing items are to be worn. No zippers or hoods allowed while participating in any team practice or activity. Preferred clothing to be a t-shirt and shorts.
3. Athletic shoes and socks must be worn at all times while participating in any team practice or activity. No dance or gymnastics slippers allowed.
4. Hair must be kept out of the face (if possible in a high ponytail).
5. Nails must be kept shorter than fingertips when participating in any team practice or activity.
6. No jewellery (other than approved medical ID tags), is allowed when participating in any team practice or activity.

Competition Dress Code

By each team's scheduled meeting time and place:

1. Athletes must be dressed as specified below unless otherwise instructed by their coach.
2. Hair and make-up must be complete as per coach's request.
3. All jewellery (except approved medical ID tags) and coloured nail polish must be removed.
4. All non-uniform items such as sunglasses, cell phones, CD players, iPods etc must be put away.
5. Any bracing or tape needed to perform must be supplied by the athlete and put on before going to warm up mat.

After competing:

1. Athletes may only change out of their team uniform when specified by their coach.
2. Socks and sneakers must be worn at all times.

During awards ceremonies, athletes must be in full competition uniform and may not wear backpacks, warm ups or any other item.

Sportsmanship/Conduct

All athletes AND parents must always:

1. Set a positive example for others to follow.
2. Be respectful and courteous to everyone (no profanities).
3. Schedule an appointment to speak with a coach or other staff member to discuss any issues that may arise.
4. Refrain from gossiping or any form of verbal or physical confrontation.
5. Refrain from celebrating the misfortune or defeat of another person, team or programme.
6. Show respect and support for other cheerleaders, teams and programs associated and unassociated with Pacific Cheerleaders.
7. Accept all team placements and awards with dignity and class.

Health

All athletes must:

1. Provide Pacific Cheerleaders with current emergency contact information.
2. Inform Pacific Cheerleaders of ALL medical conditions that may limit or prevent ability to participate in any team practices or activities.
3. Notify Pacific Cheerleaders of any injuries sustained as a result of an athlete's participation in any sanctioned team practice or activity.
4. Provide valid information (written documentation if applicable) explaining the reason(s) and the duration for which an athlete may be limited or unable to participate in any team practices or activities.
5. Provide Pacific Cheerleaders with a list of any medications that an athlete is currently taking.
6. Refrain from the illegal use of drugs, alcohol, tobacco or any other substances.



Travel / School Functions / Competitions

All athletes and their families must:

1. Arrive to all school functions and competitions by the designated time and will check in with the coaches/staff accordingly.
2. Be aware of school functions, competition dates, venues and itineraries on the team schedule. All this information will be released as soon as we have that information available.

Financial Obligations

All athletes and parents understand that:

1. Term payments are due no later than the 1st class of every term.
2. Fees do not fluctuate based on the number or duration of practices in any term.
3. Fees pay for training. It does not pay for the right to perform.
4. Holidays or time off will not be pro rated.
5. All payment due dates must be met.
6. If payment has not been received by the 1st class of the term, participation is not allowed until payment has been made.
7. All athlete's accounts must be current and in good standing to participate in practices/school functions/competitions/special events.
8. Pacific Cheerleaders reserves the right to remove an athlete from their team at any time for failure to keep up with financial obligations.
9. Pacific Cheerleaders reserves the right to cancel any and all travel/competitions made that are not paid in full by the payment due dates.
10. Any monies received from an athlete/parent will be applied first to any overdue tuition/fees.
11. All tuition/fees must be current before an athlete may collect any clothing/uniform or other retail items.
12. If an athlete chooses to leave or is asked to leave the team for any reason before the season is over, any and all funds paid are completely non-refundable.
13. Pacific Cheerleaders reserves the right to turn over all delinquent accounts to a collections agency and the parent/athlete will be responsible for all additional costs incurred.

CHECKLIST

All athletes must submit the following documents to the Pacific Cheerleaders Office before permission to participate in any Pacific Cheerleaders activity is granted. Thank you in advance for your cooperation!

- REGISTRATION FORM
- MEDICAL WAIVER
- SIGNED LAST PAGE OF THE RULES AND REGULATIONS CONTRACT